



## **MEMORANDUM**

**TO:** Health Care Commission  
Sarah Shipman  
J. Scott Day  
Steve Dechant  
Kenneth Selzer  
Heather Young

**FROM:** Mike Michael

**DATE:** November 24, 2015

**SUBJECT:** Employee Assistance Program

The Employee Assistance Program (EAP) is a service provided for health plan benefits-eligible employees and their dependents. The EAP provides informational resources on an interactive website, up to eight (8) in-person counseling sessions per issue per year, and access to telephonic consultations with professionals on legal and financial issues.

Since switching to our current vendor, ComPsych, in 2014, the visibility of the EAP has been enhanced and, as a result, the EAP has seen increased member utilization of the telephonic services, web resources and enhanced counseling opportunities. With the eight (8) session in-person counseling program, fewer referrals to the medical plan for treatment have been needed. Telephonic financial counseling services with a Certified Financial Planner (CFP) and phone consultation with an attorney on legal matters have been popular additions to the program. Members report high satisfaction with the services offered.

ComPsych has offered the State Employee Health Plan a three-year contract extension with no increase in cost over the current contract.

### **Recommendation:**

Staff recommends that a three (3) year contract extension for EAP services be awarded to ComPsych.